

Tannaz Ahadi MD

Firoozgar Hospital

Vailiasr sq

Tehran, Iran

e-mail: tannaz.ahadi@gmail.com

Position: Professor of Physical Medicine and Rehabilitation,

Iran University of medical sciences

Scopus: <https://www.scopus.com/authid/detail.uri?authorId=35572566700>

Google Scholar:

<https://scholar.google.com/citations?user=ZCVjshgAAAAJ&hl=en>

ORCID <https://orcid.org/0000-0002-6963-2503>

Birth Date and palace: Tehran, Iran 8.8.1979

Marital Status: married, Gholam Reza Raissi MD; Professor of physical medicine and rehabilitation

Languages:

Mother: Persian

English: Good

Medical Doctor:

Shahid Beheshti University of Medical Sciences, Iran September 23, 1997-

September 23-2004

Postgraduate Training:

Tabriz University of Medical Sciences; September 2004-September 2007

Physical Medicine and Rehabilitation Department

Specialty Boards:

Iranian Board of Physical Medicine and Rehabilitation September 2007

Honors and Awards:

- First rank in Iranian Board of PM&R September 2007

Membership:

International society of physical and rehabilitation medicine

Administrative Responsibilities:

- Residency Education director, Physical medicine and rehabilitation department, Iran University of medical sciences 2009-continues

Articles:

1. Khadembashiri MM, Khadembashiri MA, Khonji MS, *Ahadi T*, Forogh B, Mirdamadi N, et al. The epidemiology of neck and low back pain in Iran: a national and sub-national analysis from 1990 to 2019. *Annals of Medicine and Surgery*. 2024;86(4):1850-60.

2. Zavarei S, Soltani SK, Raissi G, Babaei-Ghazani A, Safarnezhad S, Soleymanzadeh H, et al. Efficacy of ultrasonography-guided compared to surface landmark-based corticosteroid injection for people with chronic pes anserine tendinitis or bursitis: a randomised controlled trial. *International Journal of Therapy And Rehabilitation*. 2023;30(4):1-10.

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5. Alemrajabi M, Raissi GR, Sajadi S, **Ahadi T**, Madani SP, Mansoori K, et al. Effects of weight loss after bariatric surgery on the median and ulnar nerves conduction studies. *The American Journal of Surgery*. 2023;225(4):753-7.
6. **Ahadi T**, Yousefi A, Sajadi S, Yousefi N, Babaei-Ghazani A. Comparing radial extracorporeal shockwave therapy and corticosteroid injection in the treatment of piriformis syndrome: A randomized clinical trial. *Journal of bodywork and movement therapies*. 2023;33:182-8.
7. **Ahadi T**, Cham MB, Mirmoghtadaei M, Raissi GR, Janbazi L, Zoghi G. The effect of dextrose prolotherapy versus placebo/other non-surgical treatments on pain in chronic plantar fasciitis: a systematic review and meta-analysis of clinical trials. *Journal of Foot and Ankle Research*. 2023;16(1):5.
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9. **Tannaz Ahadi**, Mahdiye Asilian M, Gholam Reza Raissi M, Shayesteh Khalifeh Soltani M. Ultrasound-Guided vs. Blind Coccygeal Corticosteroid Injections for Chronic Coccydynia: A Randomized, Clinical Trial. 2022.
10. Raissi G, **Ahadi T**, Forogh B, Moradi K, Madani SP, Yousefi N, et al. Corticosteroid Versus Dextrose Ultrasound-Guided Injection in the Treatment of Sacroiliac Joint Dysfunction: A Randomized Double-Blinded Clinical Trial. *Journal of Iranian Medical Council*. 2022.
11. Babaei-Ghazani A, Moradnia S, Azar M, Forogh B, **Ahadi T**, Chaibakhsh S, et al. Ultrasound-guided 5% dextrose prolotherapy versus corticosteroid injection in carpal tunnel syndrome: a randomized, controlled clinical trial. *Pain Management*. 2022;12(6):687-97.
12. **Ahadi T**, Khaje N, Forogh B, Janbazi L. Evaluating conservative treatments to reduce coccydynia symptoms: a systematic review. *Tehran University of Medical Sciences Journal*. 2022;80(4):264-74.
13. **Ahadi T**, Hosseinverdi S, Raissi G, Sajadi S, Forogh B. Comparison of extracorporeal shockwave therapy and blind steroid injection in patients with coccydynia: a randomized clinical trial. *American Journal of Physical Medicine & Rehabilitation*. 2022;101(5):417-22.

14. **Ahadi T**, Forogh B, Madani SP, Raissi GR. Comparison of the effect of ultrasound-guided injection of botulinum toxin type A and corticosteroid in the treatment of chronic plantar fasciitis: a randomized controlled trial. *American Journal of Physical Medicine & Rehabilitation*. 2022;101(8):733-7.
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16. Majidirad F, Hadian M-R, Soleimani HA, Jalaie S, **Ahadi T**, Bebahani RB, et al. Cross-cultural adaptation, validity, and reliability of the Wexner questionnaire in patients with functional constipation in an Iranian population. *Gastroenterology and Hepatology from Bed to Bench*. 2021;14(3):243.
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20. Sajadi S, Karimi M, Forogh B, Raissi GR, Zarnegar F, **Ahadi T**. Randomized clinical trial comparing of transcranial direct current stimulation (tDCS) and transcutaneous electrical nerve stimulation (TENS) in knee osteoarthritis. *Neurophysiologie Clinique*. 2020;50(5):367-74.
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Citation in books

- **Interventional Psychiatry: Road to Novel Therapeutics - Page 124**
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- **Molecular Research on Platelet Activity in Health and Disease**
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- **Ten Lessons in Clinical Acupuncture - Page 331;Changzhen Gong, Wei Liu · 2023**
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Saleki M, Ahadi T, Razi M, Raeisi GR, Forough B, Ali MK. 2013. Comparison of the effects of acupuncture and isometric exercises on symptom of knee osteoarthritis. *Int J Prev Med.* 4(Suppl 1):S73-7.
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- **Integrative Medicine in Veterinary Practice - Page 556**
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- **Masterful Care of the Aging Athlete: A Clinical Guide - Page 86**
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- Essentials of Regenerative Medicine in Interventional Pain ... - Page 304

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- Tinnitus: Advances in Prevention, Assessment, and Management

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- Focus on Chronic Pain: Neuropathological Mechanism, Clinical ...

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- Neural responses for rehabilitation of the elderly: Evidence ... - Page 216

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- New advances in Rehabilitation of Stroke - Page 228

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- Neuroplasticity and Complementary/Alternative Therapies: ... - Page 110

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- Transitional and Long-term Continuous Care & Rehabilitation ...

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